ARTICLE:

The Relationship among Drinking Games, Binge Drinking and Gambling Activities in College Students

Naureen Bhullar, Lori Simons, Khushbu Joshi & Kristen Amoroso

ABSTRACT

A total of 293 college students completed a survey about binge drinking and gambling activities. Students who played the lottery once a week had lower binge drinking scores compared to students who played the lottery more than once a week and those students who never played the lottery. Similar patterns were also detected for students who engaged in sports-betting, card-playing, and games of skill. Students who met the criteria for binge drinking were likely to engage in sports-betting, video and regular poker, internet, office pools, and other games of skill compared to students who did not meet the criteria for binge drinking.

Implications for collegiate prevention programs are discussed.

Keywords: Drinking Games, Binge Drinking, Problem and Pathological Gambling